

Eliance Wellness Preferred Partners

Empowering members to achieve their best health.

We recognize that you want options that appeal to your unique desires and goals in your wellness journey. The businesses listed below offer discounts to employees and families who have a Member ID card with the Eliance Health Solutions logo.

Box IT Fitness

235 Bloomfield Drive, Suite 105, Lititz, PA 17543

www.boxitfitness.com

A boutique style studio offering a unique, trendy blend of boxing and cutting edge fitness training! A diverse selection of classes, small group, and private training as well as an easy to use fitness app that provides a variety of additional workouts.

Service	Discounted Rate
Membership	\$59.00/month

Club Pilates

1567 Fruitville Pike Suite 3, Lancaster, PA 17601

www.clubpilates.com/lancaster

A consistent Pilates practice can offer benefits to everybody. Pilates creates a strong foundation of balance, strength, mobility and flexibility. Club Pilates offers classes using an array of specialized equipment, including the Reformer, EXO-Chair, Bosu Ball, TRX Suspension Trainer, springboards and more.

Service	Discounted Rate
Individual - 4 classes/month	\$80
Individual - 8 classes/month	\$143
Individual unlimited classes/month	\$179

emPower Training Systems

276 Granite Run Drive, Lancaster, PA 17601

www.empowertrainingsystems.com

Training programs include 3 key areas for success: exercise, nutrition, and mindset. Coaches will motivate, encourage and bring out the best in you.

Service	Discounted Rate
Personal training packages	10% off any package

Formula Fitness

2495 Lincoln Highway E, Lancaster, PA 17602

www.goformulafitness.com

A non intimidating fitness environment where everyone can feel comfortable. Free fitness evaluations, free individualized exercise programs, over 40 group fitness classes, large cardiovascular area, cardio theater, large selection of free weights.

Service	Discounted Rate
Membership	\$12.99/month

I Am Limitless

401 Granite Run Drive, Lancaster, PA 17601

www.i-am-limitless.com

A studio designed to meet your daily changing vibes and needs. From high energy immersive spin & TRX classes to Barre classes to meditative yoga classes. Services available beyond the workout: organic spray tan, massages, nutritious snacks and coffee bar.

Service	Discounted Rate
Unlimited Membership	\$89/month
20 classes	\$192
10 classes	\$111
5 classes	\$60

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Mmaxout Madness

22 Denver Road, Denver, PA 17517

www.mmaxoutmadness.com

Offers a wide array of high and low impact class choices that combine the best elements of highly functional exercises, overall strength & core conditioning, cardio kickboxing, MMA drills, heavy bag work (kicks and punches), along with many other proven techniques.

Service	Discounted Rate
Individual Unlimited Membership	\$48/month
2 or more household membership	\$45/month
8 class punchcard	\$45

OrangeTheory Fitness

1655 Lititz Pike, Lancaster, PA 17601

www.orangetheoryfitness.com

60-minute workout sessions split into intervals of cardiovascular and strength training with heart rate monitor to track intensity and maximize metabolic burn. Geared towards all levels of fitness - it's a group workout with the attention of an experienced personal coach.

Service	Discounted Rate
Elite membership (8x/month)	\$89/month
Premier membership (unlimited)	\$149/month

PVFit

544 N. Penryn Road, Manheim, PA 17545

www.pleasantviewrc.org/our-campus.fitness

A newly renovated Club for everyone ages 40 and up! Include fitness studios for group classes, and a saltwater pool with numerous class options.

Service	Discounted Rate
Membership	\$32/month

Willow Yoga

25 Nolt Avenue, Willow Street, PA 17548

www.willowogastudio.com

From a free introductory workshop to Power Hour yoga – with Chair Yoga, Slow Flow and others in between – Willow Yoga has class offerings that will help anyone, regardless of size, shape, gender or age.

Service	Discounted Rate
Single Class	\$12
10 Class Card	\$90
Monthly Unlimited	\$70
3 Month Unlimited	\$150

Connect Your Center!

If your fitness center is not on this list and they express interest in joining the Eliance Preferred Partners List, they can contact us directly at: SM-CorporateHealth@lghealth.org